# LIVING IT OUT

## SESSION 20 EMERGING

### Ponder one or both of the following:

Revisit the affirmation of faith that you wrote the third week of *Living the Questions*. If there is anything you would like to express differently, please rewrite that portion. How does this new affirmation (or reaffirmed affirmation) reflect growth or transformation for you? How does it reflect growth and change in your worldview?

How, if any, has your understanding of "loving the Lord your God with all your heart, with all your soul, with all your mind and loving your neighbor as yourself" changed?

#### For Response:

Read all the section below: then answer the questions.

How has your life experienced transformation during your participation in *Living the Questions*?

What is one faith question with which you now live?

#### Watercolor your response to these questions.

Use watercolor paper or whatever paper you have on hand. You may use artists' watercolors and brushes or something as simple as a child's watercolor set.

This painting is not intended for a gallery or a teacher's critique. This is simply considering, in part, a question of faith in a different manner.

Prepare an area for painting, including paper, watercolors, brushes, cup(s) of water, rags, salt (for great effect when sprinkled on wet paint).

When you have everything set, sit near the table and spend time in prayer and meditation. Spend time remembering, being grateful, and asking for openness.

You may use the following prayer or you own followed by a time of silence for listening.

#### **Prayer**

O God, so much has transpired since we began this part of our faith journey — your loved fleshed out, spiritual friends developed, and more questions emerged. In the quiet times, we have known your teaching and felt your nudging. In the questions, we have grown to realize the certainty of your love. In the midst of service, we have been the ones blessed. You've touched our hearts, O God, and we are grateful. Continue to transform our hearts that we might help transform the world by your love. We pray, grateful for the invitation to travel with you. Amen.

Prayerfully, begin to paint.

Cynthia Langston Kirk

