



Journeys of the Heart

Get from what was...

to what will be

Have you experienced a significant loss of family or friends?
If so, a bereavement group can help.

- **Sundays, from 2:00-4:00 p.m., beginning February 1st and continuing until April 5th**
- Hosted by Rev. Chaplain Mary Kearns. Mary has counseled many people and families in the area of grief and loss.

Sign up early by calling 530-321-7866,

maknjess@comcast.net or dm at

www.facebook.com/JourneysoftheHeartBereavement

- Group will be held at First Christian Church at 295 E. Washington Ave., Chico CA.
- The course fee of \$150 covers 10 weeks (20 hours) of creative instruction, and class interaction, refreshments, handouts, plus books.