

LIVING IT OUT

SESSION 17 EMMANUEL

God was made visible in the life of Jesus in such a powerful way that Emmanuel (“God with us”) is a fitting name for this son of God.

Begin your time of meditation by singing a song frequently saved for Advent and Christmas, “Emmanuel” by Bob McGee.

*Emmanuel, Emmanuel
His name is called Emmanuel
God with us, revealed in us
His name is called, Emmanuel*

Emmanuel, written by Bob McGee. © 1976 Copyright C. A. Music (div. of C. A. Records, Inc.) All Rights Reserved. ASCAP. Used By Permission.

With a beautiful melody and succinct lyrics, this chorus depicts the heart of incarnation. The words and phrases not only express who Jesus was, but also who we can be because of him. Jesus brought the Holy One close to us and out of that relationship God can be revealed in and through our lives.

For Your Spiritual Journal

Communion of Saints

Name one person, now deceased, whose life embodied the teachings of Jesus. You may have read about the person, read their writings, or known the person. What was it about that person that reflected God’s love in such a way?

Think of a person who is alive who lives incarnational love. Write their name in your journal and describe what Christ-like qualities the world witnesses through their lives.

Prayer

Come close, Living God, come close. Overwhelm me with your tenderness. Breathe on me; fill me. Fill me to overflowing that the world cannot help but experience you through me. Use my life, my resources, my gifts for the transformation of the world. Teach me to live the song of my childhood so that this little light will shine your grace. In surrender and confidence I pray. Amen.

– Cynthia Langston Kirk

